



*Mastery Schools of Camden*

# BILINGUAL PROGRAMS

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*Mastery Schools of Camden offers bilingual programs aligned with the latest research to support students in attaining bilingualism and biliteracy alongside grade-level academic achievement. Learn more about the benefits of the bilingual brain below.*

## BENEFITS OF THE BILINGUAL BRAIN

- **Cognitive Flexibility:** People who are bilingual are more likely to have enhanced cognitive flexibility. They can switch between languages and are able to adapt to different linguistic and cultural contexts, which may improve problem-solving skills and creative thinking.
- **Executive Function:** Bilingualism helps with improved executive functions, including working memory, concentration, and task-switching. These skills are important for activities that require planning, problem-solving, and goal-directed behavior.
- **Delayed Cognitive Decline:** Studies suggest that bilingualism may delay the onset of age-related cognitive decline and neurodegenerative disorders such as Alzheimer's disease and Dementia. The constant mental exercise of managing two languages may promote brain health.
- **Improves Metalinguistic Awareness:** People who are bilingual develop a stronger awareness of language structure, grammar, and vocabulary. This metalinguistic awareness can improve language skills in both languages and empower a better understanding of language in general.
- **Attention and Focus:** Bilingualism can improve attention and focus because people who are bilingual need to distinguish relevant information from irrelevant information and inhibit one language while using the other. The ability to control one's attention can have positive effects on many cognitive tasks.
- **Problem-Solving Skills:** Bilingualism can increase problem-solving skills because those who are bilingual approach challenges from different linguistic and cultural perspectives. This can be an advantage in various professional and academic settings.
- **Increased Cultural Sensitivity:** Learning languages requires exploring different cultures. Bilingual individuals can have a broader understanding of diverse perspectives and develop cultural sensitivity and open-mindedness.
- **Improved Communication Skills:** People who are bilingual have a larger range of communication skills, which lets them communicate more effectively with diverse groups of people. This provides them with a valuable skill in multicultural and global communication.
- **Career Opportunities:** Bilingualism opens up many professional opportunities in international business, diplomacy, translation, and many other fields that require language proficiency.

## LEARN MORE AND ENROLL YOUR STUDENT

If you're interested in learning more about bilingual programs at Mastery Schools of Camden, please email [multilingual@masterycharter.org](mailto:multilingual@masterycharter.org).

## References

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